

AM I PREGNANT?

- Almost every woman asks that question at one time or another. The staff at this clinic can help you answer your questions.
- Symptoms of Pregnancy
 - ☑ Of course, the first symptom of pregnancy most people think of is a missed period. There are other symptoms as well. The early symptoms of pregnancy include:
 - Missed period
 - Light period
 - Frequent urination
 - Pain on urination
 - Nausea (sick to your stomach)
 - Breast tenderness
 - Breast enlargement
 - Fatigue
 - Increased or decreased appetite
 - ☑ If you think you could be pregnant, ask this clinic for a **pregnancy test**. Remember, if you are having sex, you can become pregnant - even on pills, even with an **IUD**, even if you only had intercourse during your period - because no **birth control** method is 100% effective. Get a test to be sure! You can call the clinic at their **toll free** number.
- **Pregnancy Test**
 - ☑ A **Clinic Assistant** will ask you about the symptoms you have had. Then the **Clinic Assistant** will use a test to determine if you are pregnant. A lab test is done on your urine. Tell the clinic staff the date of your last normal period start date. Be accurate as possible.
 - ☑ **Urine Lab Test**: this quick lab test shows whether there are traces of the pregnancy hormone in your urine. The test is reliable if it has been about **6 weeks** since your last period started. **(Some clinics have different test to be able to tell earlier so ask your clinic what type of tests they have!)** Tests can be thrown off by all kinds of drugs, even aspirin, so tell the clinic staff about *any* drugs you have taken in the last three days.