

Depo-Provera 3 month shot:



- ***How Does Depo-Provera Work?***
 - The three month shot, also known as Depo-Provera (or just *Depo*) is an **injectable** form of the hormone progesterone. Depo is slowly absorbed by the body, preventing **pregnancy** by stopping an egg's release. Each shot of Depo is **effective** for three months.

- ***What Are The Side Effects?***
 - Women who use the shot will have changes in their periods. Bleeding might be **irregular** at first. Most women stop having periods after a few shots. Some women experience other **minor** side effects.

- ***What Are The Health Benefits Of The Pill?***
 - The shot is highly **effective** and long-acting. You don't have to take a pill every day. It is a **private** method, undetectable by others.

- ***What About Sexually Transmitted Diseases/Infections and HIV/AIDS While Using Depo-Provera?***
 - Depo-Provera will not protect you from **HIV/AIDS** or any other **sexually transmitted diseases**. You are still able to contract any STD while using Depo-Provera. It is recommended to also use condoms to protect your self from STD's.

- ***What Do I Need To Know About Using Depo-Provera?***
 - Nothing needs to be taken daily or at the time of sexual intercourse. Depo-Provera is an extremely **effective** birth control method. Privacy is a major advantage, no one has to know a woman is using this method.

- ***When Do I Start?***
 - Depo can be started any time (usually during your **period**), as long as you are certain you are not **pregnant**.

- **What If I Am Taking Other Medications?**
 - When you are using the **Depo-Provera**, always check with your health provider before taking any **prescription** medication. Use back up protection like **condoms** while on the medication and for 7 days after that. *When in doubt, call us!*
 - If you have any questions or there are things that you don't like about your Depo-Provera please call. Most side effects are minor and not harmful to you.