

Female Condom:



- ***How Does The Female Condom Work?***
 - Reality female condoms are made of thin plastic called **polyurethane**. This is NOT latex. The condom is placed on the woman's vagina. It is open at one end and closed at the other. Both ends have a flexible ring used to keep the condom in the vagina.

- ***Are They Safe?***
 - Yes! Female condoms protect you from most **STD's**.
 - It is safe and fairly effective at preventing both **pregnancy** and **infection**.

- ***What Are The Side Effects?***
 - None, only a very few people have been **allergic** to the female condom.
 - This condom is large and some call it unattractive or odd looking, although effective the look of the female condom may **decrease** the enjoyment of sex.
 - It can make some rustling noises prior to or during sexual intercourse. A lubricant may decrease noises.

- ***What Are The Health Benefits Of The Female Condom?***
 - A very good protection from **pregnancy**. Excellent protection from **infection**. You have visible proof after intercourse whether your **birth control method** worked or not. You don't need an exam or a prescription to get female condoms.

- ***What About Sexually Transmitted Diseases/Infections and HIV/AIDS While Taking Birth Control Pills?***
 - Female condom use is quite reliable in **protection** from some STD's.

- ***What Do I Need To Know About Using The Female Condom?***
 - Female condoms give women more control and a sense of **freedom**. The condom can be put in several hours in advance of sexual **intimacy**. Any lubricant may be used with the female condom. It does come with it's own lubricant.

- ***When Do I Start?***
 - Keep condoms handy. Have some near where you usually have **sex**. Store them in a cool place where heat won't damage them.